



RHQ SCOTS Newsletter

Volume 1, Issue 5

September 2018

Notices:

- **Regimental Boxing**

08 Nov 18—Regimental Boxing @ 1915hrs /
nThe Oriam Sports Centre, Edinburgh

Tickets:

£10 for Officers and SNCOs

£5 for Association Members & Guests

Free entry for JNCOs and ORs

Available via Bn or Association nominated POC.



1 SCOTS

August has been dominated by a well earned period of summer stand down for most of 3 SCOTS. However, there was no stand down for the 38 personnel currently deployed across East and West Africa, as their partnering tasks persist.

In Nigeria, Team 11 finished the second Advanced Operators Course with their Nigerian Partners. A total of 71 students graduated, in a ceremony in front of many esteemed guests. In Somalia, Team 12 have notably trained the 500th Somali soldiers since Jan 2017.

Since returning from leave, the rest of the Bn have been busy; as planning for their upcoming Ex in Belize continues at pace for the BHQ.

A Coy, who are now a third of their way through their training cycle, have been conducting a Commanders Cadre, developing Team OCs and 2ICs in skills they will require when deployed in austere environments.

2 SCOTS also welcomed CSIG on a visit to Palace Barracks. During the visit, he conducted a number of presentations. 2 SCOTS would like to congratulate the following recipients of Long Service and Good Conduct Awards; Maj Jimmy Law, Maj Cliff Mcauley, Maj Graham Henderson, Capt Paul Naismith and CSgt Alan Thornburn. Maj Henderson was also presented his Commander Home Command Commendation and Cpl McDonald was promoted to Sergeant.



2 SCOTS

2 SCOTS football team is currently on tour in Gibraltar. Having won their first game 3-2 against the Combined Services, the 2 SCOTS team are now preparing for their match against the Royal Gibraltar Regiment. The team are enjoying the warm weather and the beaches to cool down after training sessions. The team will have a battlefield tour of the rock, including being guided through the old WW2 tunnels - tabbing the scenic route to the top of the mountain (while dodging the monkeys).



C Coy will put their Foxhound (now painted green!) experience from Op SHADER to good use when they deploy to Norway for Exercise TRIDENT JUNCTURE 18. They will form part of a 40,000-strong multinational joint task force on one of the largest NATO exercises ever conducted - to demonstrate alliance capability and deter adversaries. C Coy will deploy in Oct 18 and will conduct a 2500Km march across Europe along with other units from 4 Inf Bde before training with other NATO forces. The Ex is seen as an important step in the development of the ability of light forces to operate effectively in Europe on NATO missions. It will see the Jocks learning to operate in extreme cold weather.



2 SCOTS Pipes, Drums and Bugles were combined with 1 SCOTS Pipes and Drums to perform at REMT 2018. This collaboration was due to many members of the band being deployed on OP TRENTON. As always, the Tattoo involves an immense amount of work; hours of practice and endless rehearsals. The Platoon had the privilege of having two NCO's, Cpls MacLean and Davies in the globally prestigious role of Lone Piper. The Platoon is now practising and rehearsing for their upcoming Beating Retreat for HM The Queen at Balmoral later this month.



3 SCOTS

August for 3SCOTS has been a more relaxed affair, with the the Bn taking some well deserved summer leave as well as post tour leave for those who returned from Op SHADER. Towards the end of the month soldiers and officers conducted some AT and gained mountaineering qualifications. Sgor Gaoith scaled and overlooking Loch Eanaich in the photos.



In addition UK Minister Lord Duncan visited Fort George and 3SCOTS, to understand what the Bn and Regt have been and are up to, but also to get a feel for the infrastructure and accommodation (personal and technical).



4 SCOTS

As 4 SCOTS returns from a well deserved leave period, they were treated to a Health Week to help shake out any cobwebs. The Jocks were encouraged to participate in activities designed to help them address any areas that could use improvement such as Cardio, Strength and Conditioning, Weight Management and Rehabilitation.

On hand to offer professional advice was 4 SCOTS staff of Physical Training Instructors as well as our exceptional Royal Logistic Corps Chefs, for nutritional advice.



Congratulations to the 4 SCOTS Cricket Team who became Runners Up in the The British Army Major Unit Cricket Competition. They were beaten in the final by 11 Signals Regiment at the Army Cricket Ground in Aldershot. The Chairman of Army Cricket presented the prizes. Well done to the 4 SCOTS Cricket Captain, WO2 Emsley AGC(PS), and all of the 4 SCOTS cricketers for making it all the way to the final.



5 SCOTS and Cruachan IV

On the arrival of HM The Queen at Balmoral 5 SCOTS formed up outside the Estate Main gate to welcome HM as she drove out for the inspection. Following this 5 SCOTS drove back to Ballater and formed up on the south side of the Dee to then march through the town and into Victoria Barracks. As Cruachan's 10th Birthday was 2 days later 5 SCOTS celebrated this immediately after the parade, and entertained some of the families that had come to watch in the Sgts' Mess.



Later that week 5 SCOTS provided a Guard to welcome HM to her first official Kirk. Unfortunately the planned Coy photo with HM was cancelled due to weather and HM kindly told the Guard to 'fall out' rather than wait until she left Kirk — due to the same bad weather.

A Beating Retreat was held 17 Aug where the Coy hosted a number of people from around the area to a display of Pipes and Drums from Ballater Pipe Band with two 5 SCOTS individuals providing highland dancing. Piper McKay from 3 SCOTS bolstered the piping on the day.



The Coy also attended both Aboyne and Ballater Highland Games. There was no official representation at Aboyne but at Ballater 5 SCOTS provided a Guard for Capt Alwynne Farquharson MC on his 70th anniversary as Clan Chief. A number of soldiers also competed in high jump and hill race. Piper McKay competed on the pipes. Following the Ballater Games the OC took the salute at the Ballater Beating Retreat held on the green outside his house.

6 SCOTS



At the end of August 6 SCOTS ran a Patrols Weekend in Garelochhead. The teams were put through their paces and for the Saturday enjoyed very un-Garelochhead weather - sadly by Sunday, normal service resumed with torrential rain. The teams conducted stands including CBRN, river crossings, CTRs and building assaults. The competition provided a good chance for pre-selection for this year's Cambrian Patrol.

Over the first weekend of August, the Bn ran an AT concentration from Warcop. The Jocks got involved in mountain biking and Kayaking, plus some clay pigeon shooting on the Saturday evening. On Sunday, they trekked up England's highest mountain - Scafell Pike. Hopefully the experience will have encouraged some to start getting qualified as AT instructors.

The Companies have been busy engaging with Employers and local communities, with successful open nights being held for employers and potential recruits in Edinburgh, Dumfries and Motherwell.

August saw performers moving into East Claremont Street as 6 SCOTS once again provided the venue for Army@theFringe. A number of our Reservists were involved in managing the venue and looking after the performers and theatre goers, including Sgt MacAlister who's running of the bar brought some welcome funds to the unit. Owning the venue also provided the opportunity for 6 SCOTS to invite members of the local community to be hosted at a performance Shell Shocked. This provided a useful chance to chat with business owners, gatekeepers and influencers over a glass of wine which will lead to better understanding and closer relationships in the future.



OC B Coy hosts the Lord Lieutenant of Dumfries, Fiona Arm-



Hosting guests after the Fringe.

7 SCOTS

On Saturday the 18th of August, a team of 6 cyclists from D Company, 7 SCOTS completed a 42 mile journey from Stirling Castle to Dumbarton Castle, raising awareness for the Argyll and Sutherland Highlanders Museum and their Thin Red Line Campaign.

The team consisted of Major Angus Watson (OC D Coy), Sgt James Blair, Cpl Mick Davenport, LCpl Charlie Urquhart, Pte Kevin McLean and Pte Paul Gess, who are all Army Reservists based between Dumbarton and Stirling. Battling the elements, with strong wind in parts, the team completed the journey in good time and still smiling.



The Thin Red Line campaign aims to raise funds to support the Argyll and Sutherland Highlanders Museum, which is based in the grounds of Stirling Castle. With the antecedent ties between 7 SCOTS and the Argyll and Sutherland Highlanders it seemed a fitting cause to promote whilst keeping fit and pursuing adventurous sport, which is all part of the opportunities that Army Reservists get to enjoy.

Army School of Bagpipe Music and Highland Drumming

Over the month of August Major Gordon Rowan and WO1 Mccrindle directed the Pipes and Drums cast of the Royal Edinburgh Military Tattoo (REMT) 2018. Making up the Pipes and Drums cast were 2 Scots, 4 Scots, the Scots Guards, the Royal Dragoon Guards and the QRH, alongside various overseas Pipe Bands. The Pipes and Drums as always a very popular part of the REMT, performing together to a very high standard. WO1 Mccrindle was the Lone Piper for the television nights, where he performed The Flowers of the Forest, high on the Castle Ramparts.

Concurrently to the REMT, the school has been training class 3 and class 2 Pipers and Drummers to achieve a standard to enable them to go back to their units to perform in various events such as the REMT.

Additionally, Pipe Major Macgregor and Sgt Ben Duncan have been busy competing round the solo piping circuit, traveling all round Scotland. This has seen them playing at a high level and winning prizes amongst the civilian solo piping community. One of the highlights was Sgt Duncan winning the A grade strathspey at this year's Argyllshire Gathering in Oban.



Maj Rowan and W O2 Mccrindle meeting the First Minister of Scotland at the REMT 2018



Sgt Duncan winning the A grade Strathspey & Reel

NEMO ME IMPUNE LACESSIT

Regimental Headquarters
The Royal Regiment of Scotland
The Castle
Edinburgh

Phone: 0131 310 5032
Email: INFHQ-SWI-SCOTS-GpMailbox@mod.gov.uk

www.army.mod.uk/SCOTS
www.facebook.com/royalregimentofscotland
[www.twitter.com/The Scots](https://www.twitter.com/The_Scots)